



Mom's Fixation Socks

Pattern by Bobbi Kraft for Krafty1 Designs

Yarn: Fixation by Cascade: blue (at left color #2550), light rainbow (below, color #9946) 2- 50g balls.

(Back: Lana Grossa Meilenweit color #1003, 1-100g ball.)

Needle Size: US 1 ½ (2.5mm): Adjust needle size if necessary to obtain proper gauge. (Pattern written for Magic Loop or 2-circulars method.)

Gauge: 7 sts/inch in stockinette stitch

Finished Foot Circumference: 8.5 inches (21 cm)

Pattern

Toe:

CO 16 sts using Figure 8 (Judy's Magic Cast On) method (8 sts on each needle).

Knit one round.

Toe Increase Rnd: K1, m1f, knit to last 2 sts, m1b, K1. Repeat on second needle. 4 total sts increased.

Repeat Toe Increase Rnd 4 more times. (36 sts total.)

Knit one rnd. Knit one Toe Increase Rnd.

Repeat these two rnds 4 more times. (56 sts total.)

Foot:

Note: Needle A = sts for the top of the foot. Needle B = sts for the bottom of the foot.

Double Eyelet Rib Pattern

Rnd 1: Needle A- P1, *K5,P2* repeat ** to last six stitches of Needle A, K5, P1. Needle B- knit.

Rnd 2: Repeat Rnd 1

Rnd 3: Needle A- P1, *k2tog, yo, k1, yo, sl1, k1, pss0, p2* repeat ** to last six stitches of Needle A, k2tog, yo, k1, yo, slip 1, k1, pss0, p1. Needle B- knit.

Rnd 4: Repeat rnd 1

Repeat these four rnds until knitting measures 3 inches (7.5 cm) less than desired length of foot (ending with Rnd 4).

Gusset:

Round 1: Work Needle A: in established pattern. Needle B: K1, m1f, knit to last stitch of needle B, m1b, k1. 2 sts increased.

Round 2: Work Needle A in pattern. Needle B: Knit all stitches.

Repeat these 2 rounds 9 more times. (When finished Needle A 28 sts, Needle B 48 sts: 76 sts total.)

Heel Turn:

Work in pattern to end of Needle A. Heel turn will be worked over sts on Needle B, starting with Row 1, below.

Row 1 [RS]: K31, m1f, k1, w&t.

Row 2 [WS]: P16, m1p, p1, w&t.

Row 3 [RS]: K14, m1f, k1, w&t.

Row 4 [WS]: P12, m1p, p1, w&t.

Row 5 [RS]: K10, m1f, k1, w&t.

Row 6 [WS]: P8, m1p, p1, w&t.

Row 7 [RS]: K6, m1f, k1, w&t.

Row 8 [WS]: P4, m1p, p1, w&t. (Ending point is now the center of the heel.)



Center Back Heel Flap:

Work one round as follows:

Starting at center of heel, knit remaining sts on Needle B: *Note* When you encounter a wrapped stitch, pick up the wrap and place it on your left needle, then knit it together with the stitch which it had wrapped.*

Needle A: Work in established pattern.

Needle B: k41 (*Continue to work wrapped stitches on first half of Needle B as described in above Note*), ssk, turn work (13 sts remain on left needle).

Begin flap:

WS row: Sl1, p26, p2tog, turn work (13 sts remain on right needle).

RS row: (Sl1, K1)* repeat 13 times, sl1, ssk, turn work.

Repeat these two rows 12 more times until 57 sts remain; ending with RS row. (There will be one unworked heel stitch at right edge of Needle B.)

Leg

First Round: Work across Needle A in pattern. For Needle B k2tog, k to end of round. (56 sts)

Second Round: Work across Needle A in established pattern. Repeat pattern across Needle B.

Continue to work all sts in Double Eyelet Rib pattern (as established on Needle A), until work is desired length.

Cuff

Round 1: (K1tbl, p1)* repeat to end of rnd. Repeat this round 9 more times.

Bind off loosely (*Recommended: Elizabeth Zimmerman's Sewn bind-off provides an "elastic" cuff-edge*).



Abbreviations

m1b = Make 1 stitch through the back. Insert left needle (from the back to front) under strand of yarn which makes the bar between next stitch on needle and first stitch on right needle; knit this stitch.

m1f = Make 1 stitch through the front. Insert left needle (from the front to back) under strand of yarn which makes the bar between next stitch on needle and first stitch on right needle; knit this stitch tbl.

m1p = Make 1 purl stitch. Insert left needle, from back to front, under strand of yarn which makes the bar between next stitch on needle and first stitch on right needle; purl this stitch.

k2tog = Knit 2 stitches together

p2tog = Purl 2 stitches together

sl1 = Slip 1 stitch

pss0 = Pass slipped stitch over

ssk = Slip one stitch as if to knit, slip one stitch as if to purl, insert the needle into the front of these two slipped stitches with the left needle from left to right and knit them together.

w&t = Wrap and turn. Bring yarn to front of work between needles, slip next st to right-hand needle, bring yarn around this st to back of work, slip st back to left-hand needle, turn work to begin working back in the other direction.

tbl = Through back loop

Helpful Web Links:

Judy's Magic Cast On method: <http://www.knitty.com/ISSUEspring06/FEATmagiccaston.html>

Wendy's Figure 8 Cast On method: <http://knitty.com/ISSUEwinter02/FEATtiptoptoes.html>

Knitting Help (for stitch demonstrations): <http://www.knittinghelp.com>

Elizabeth Zimmerman's Sewn Bind Off: <http://www.woolywonder.com/classpages/sewncastoff/sewncastoff.htm>